



HEPATITIS-B/C

Get tested for Hepatitis B/C to protect your health. 1 in 3 people have been infected with Hepatitis B/C.

Together we can eradicate this disease.

Hepatitis B/C is a “silent epidemic” because most people do not get symptoms when they are newly infected or chronically infected, but their liver is still being silently damaged which can develop into serious liver disease such as cirrhosis or liver cancer. You must consult your doctor to get tested for it.

Since there are no symptoms, people can unknowingly spread the virus to others and continue the silent spread of hepatitis B/C. It can be transmitted due to the following reasons:

- Through direct contact with blood. (Blood transfusion).
- Through unprotected sex.
- Through unsterilized or contaminated needles, medical or dental equipment.
- By sharing of personal items such as razors, toothbrushes, nail clippers, body jewelry, and other personal items that have small amounts of blood on them.
- From an infected woman to her newborn during pregnancy or childbirth.

The good news is that hepatitis B/C is preventable and treatable. There is a simple blood test to diagnose hepatitis B/C infection. To protect yourself and your family please get tested for Hepatitis B/C.

UNITED SIKHS can help you in getting tested and vaccinated.

Email us at contact@unitedsikhs.org or call at **1-888-243-1690**