

## Why Should I get Vaccine?

- To stop pandemic.
- To protect from contracting COVID-19 and developing symptoms.
- To boost Immune system to fight the virus if you are exposed.
- To Protect those around you, particularly people who cannot get the vaccine, such as children.



## Should I get a vaccine if I already had COVID-19?

- It lowers your risk of getting COVID-19 again.
- It may boost the protection your body has already built up.
- It may prevent you from passing it on to others.

***However, if you tested positive for COVID-19 within the past 90 days, consider waiting to get the vaccine, since it is very unlikely that you will get COVID-19 again during this time. Talk to your health care provider if you have questions.***

## How much will it cost?



- The vaccine is free for everyone.
- You may be asked for insurance information but you will not be charged a copay or other fee.
- You do not need to share your immigration status to be vaccinated.

## Key prevention measures must be continued after getting vaccination:

- Wear a face covering (over your mouth and nose) when outside your home.
- Stay home if you are sick, have COVID-19, or have been exposed to someone with COVID-19.
- Maintain at least 6 feet of distance from people who are not members of your household.
- Wash your hands often with soap and water or clean with an alcohol-based hand sanitizer.

***Getting vaccinated is not a public benefit under the public charge rule. When you receive the vaccine, your privacy will be protected. There are strict laws in place to ensure confidentiality of your personal information.***

## Does UNITED SIKHS provide help getting health Insurance in New York?

Yes, UNITED SIKHS assists in NY with the application process to get health insurance through market place. If for any reason (high premiums, immigration status, etc.) you do not qualify in the market place we can help you in enrolling in NYC Care and H+H programs. We help you in your own language and at your availability.

