



UNDERSTANDING THE (H.R.1) BILL OF 2025 AND ITS IMPACT

UNITED SIKHS “Recognize the Human Race as One”

A Federal law called the “One Big Beautiful Bill” (H.R.1) (2025) includes changes that may affect some people who:

- Medicaid
- SNAP (Food Assistance)
- Other public benefit programs
- Not everyone will be affected the same way.
 - Eligibility depends on:
 - Income
 - Household size
 - Age
 - Disability status
 - Immigration status
 - State rules



MEDICAID CHANGES

Some Medicaid recipients may need to:

- **Complete additional eligibility reviews**
- **Provide updated income information**
- **Confirm household information**
- **Submit required documents by deadlines**
- **Meet new requirements if they apply to their Medicaid category**

Failure to respond to Medicaid requests may result in:

- **Delayed benefits**
- **Loss of coverage**
- **Need to reapply**

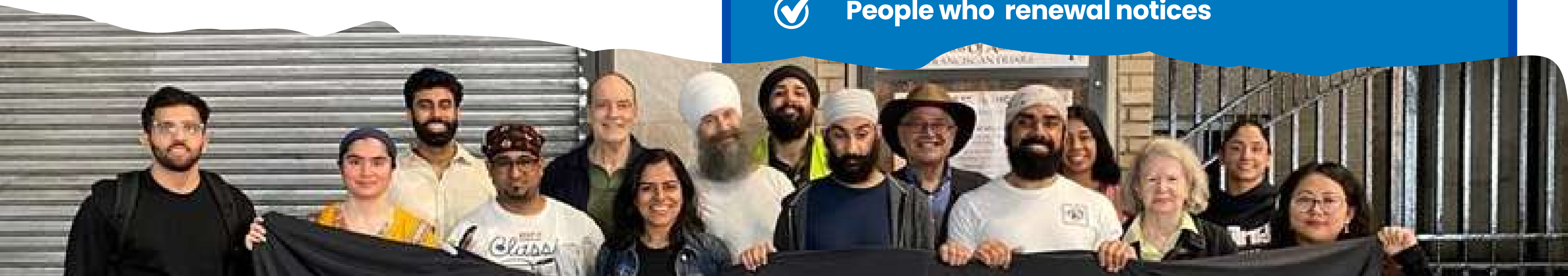


WHO SHOULD PAY ATTENTION?

Did you know?

That According to the American Hospital Association Medicaid provides health coverage to over 70 million Americans, meaning roughly 1 in 5 people in the U.S. rely on the program.

- ✓ **Low- income Families**
- ✓ **Working adults who recieve Medicaid**
- ✓ **Parents and Caregivers**
- ✓ **Older adults**
- ✓ **People with disabilities**
- ✓ **Individuals who move or change phone numbers**
- ✓ **People who renewal notices**



HOW DOES (H.R.1) CHANGE WORK REQUIREMENTS FOR MEDICAID

- **You are required to Demonstrate 80 hours per month of one or more of the following activities**
- **Paid work in exchange of goods and services**
- **Participation in a work program: State or Federal recognized employment training programs**
- **Enrollment in an educational program: At least half time enrollment in an institution of higher education**
- **Community service that takes place in a an organized program or non profit organization**
- **A combination of these activities may meet the 80 hour monthly requirement for the activities listed above. The work requirement is not waivable under the 1115 demonstration waiver**

WHO IS VULNERABLE TO (H.R.1) WORK REQUIREMENT CHANGES?

Applicable to Work Requirement Changes

- Adults who are enrolled in Medicaid under the Affordable Care Act's Medicaid expansion

Excluded From Work Requirement Changes

- Under age 19
- Enrolled in Medicare Part A or Part B
- Previously eligible for mandatory Medicaid but no longer qualify
- Certain excluded individuals
- Incarcerated within the past three months
- Optional short-term hardship exceptions may include:
 - Receiving care in hospitals, nursing homes, psychiatric facilities, or other intensive care settings
 - Living in a federally declared disaster area
 - Living in a county with unemployment above 8% (or 1.5× the national rate, with HHS approval)
 - Individuals or dependents required to travel outside their area for certain circumstances

PROJECTED IMPACT OF MEDICAID WORK REQUIREMENTS

- **May 2026: H.R. 1 enacted, requiring states to implement Medicaid work requirements.**
- **June 2026: Federal guidance issued to help states develop implementation plans.**
- **2026–2035 (CBO Estimates):**
 - **\$344 billion reduction in Medicaid spending over 10 years.**
 - **11.8 million people projected to lose Medicaid coverage, including 4.8 million due to work requirements.**
- **Beginning in 2026: States will send outreach notices, implement work requirements, and coordinate across agencies, making implementation a significant administrative challenge while working to prevent unnecessary coverage losses.**

INFORMATION FOR IMMIGRANT FAMILIES



ELIGIBILITY DEPENDS ON

- Immigration status
- Income
- Household circumstances
- State and federal rules

IMPORTANT REMINDERS:

- Some immigrants may qualify for certain benefits.
- Some family members may qualify even if others do not.
- Children may have different eligibility rules than adults.
- Do not stop benefits or avoid applying without getting accurate information.

1965

On July 30, 1965, President Lyndon B. Johnson signed into law legislation that established the Medicare and Medicaid programs

SNAP (Food Assistance) Changes

- **Some SNAP recipients may experience:**
 - Additional eligibility reviews
 - New reporting requirements
 - Work-related requirements for certain adults
- **SNAP recipients should:**
 - Read all notices carefully
 - Respond before deadlines
 - Keep contact information updated

More than 4 million people nationwide were dropped from the federal food assistance program known as SNAP from July 2025 through March, according to an analysis from the Center on Budget and Policy Priorities (CBPP)

PROTECT YOUR BENEFITS

REMEMBER TO

- **Keep your address and phone number current.**
- **Open all letters from benefit agencies.**
- **Keep copies of important documents.**
- **Ask for help if you do not understand a notice.**

SAVE

- **Identification**
- **Proof of income**
- **Proof of address**
- **Benefit notices**
Immigration documents (if applicable)

WHERE TO GET HELP

1

**Community
Health
Centers**

2

**Medicaid
Enrollment
Counselors**

3

**Legal Aid
Organizations**

4

**Community-
Based
Organizations**

5

**Local
Social Service
Agencies**

6

**Language
Assistance may
be Available**

The UNITED SIKHS UMEED Helpline can be reached
by phone at +1 (855) 878-6333

REMEMBER

- 1 Stay Informed**
- 2 Read Every Notice**
- 3 Meet Deadlines**
- 4 Ask Questions**
- 5 Get Help Before Making a Decision About Your Benefits**

“Recognize the Human Race as One”